

HIGHAM & RUSHDEN – SUMMER 2010 NEWS SHEET

Welcome to our Summer News sheet



Well! - what a wonderful time we had at the May Birthday and Exhibition! I am so thrilled and proud of you all – your energy and enthusiasm made it the most wonderful showcase for H&R U3A.

THANK YOU EVERYONE!

The June meeting saw us away at sunny Raunds. It was a lovely day in every way. I must express my delight with every aspect of day and thank and congratulate everyone involved with the event which was exactly my idea of an ideal U3A event.

Now to more practical matters – THE AGM - our first - which is coming up in September. The steering committee has to stand down but can put themselves forward for election to the new committee which will be formed at the AGM. Any other member can also offer their services for the committee and nomination forms will be included with the AGM documents which will be available for you to collect at the July monthly meeting or will be posted to you. Membership Renewal forms for 2010-11 will be with the AGM documents. Membership expires on 31 August and it would be most helpful if you could renew your membership before the September meeting by sending your renewal form and a cheque to our membership secretary Doreen Riley. The fee for 2010/11 will be unchanged at £12.

MAGAZINE EXCHANGE - I would like to thank Elizabeth Rogers who has offered to start a Magazine Exchange stall. This will be for recent periodicals. There will be no charge for the magazines. However, it is expected that you will TAKE the magazines as well as bring them! This will start in September.

COME DINE WITH ME – Doreen Riley is offering to co-ordinate this as a social activity. Sounds like a very good idea to me - please read the article elsewhere in this newsletter.



IN CASE OF EMERGENCY or "ICE" - It was discussed in committee what might happen if a member was taken seriously ill at a U3A meeting/activity or, indeed, anywhere at all. We all have a handbag or wallet and it would be in these that the emergency services would look for contact details of our nearest and dearest. It has been common practice for some time to put the letters "ICE" against a contact in your mobile phone to indicate who you would want to be informed in such circumstances. If you do not have a mobile phone then you would be wise to have a piece of card with "ICE" information in your wallet or handbag.

NEW MEMBERS - It has come to our notice that we do not always do enough to make new members welcome to our meetings. We apologise to anyone who feels that this has happened to them. So that this does not happen in future, we would like to form a group of members who will carry out the "Meet & Greet" role which has so far been carried out by a single member of the committee. When a new member arrives I hope that they would be welcomed by member of the "Meet & Greet" team and shown the ropes of how H&R U3A works until they "find their feet" with us. If you would like to be part of this valuable team,

please contact me with your name and telephone number and I will get back to you. It is most important that new members are helped to feel part of the H&R U3A "family".



GREEK LITERATURE GROUP – Margaret and I were delighted to be invited to the end of session lunch of the Greek Literature Group. I was very pleased to present the members with certificates acknowledging their completion of the course which they all evidently very much enjoyed. A new Greek Literature Group will start in September – see below for more information.

RELIABLE WORK PEOPLE – It has been my wish from the beginning – and I have mentioned this before - to establish a book in which U3A members who have had work done by tradesmen and have been happy with their work would list their willingness to recommend. The book would contain a list of types of work, eg electrical, decorating, plumbing, gardening etc. and would list the names and telephone numbers of members willing to recommend. The book would NOT contain the names or contact detail of any trades people, only the contact details of those willing to make a recommendation. The book would be available at every monthly meeting for members to consult. Please contact me if you wish to make an entry in this book.



Finally, will you please let the secretary know of the illness or death of any H&R member so that we can respond appropriately.

Sorry that my bit has been so long – more of a "blog" than a "tweet"! I hope that the weather is kind to us all this summer and I look forward to seeing you again in September.

Jack Lee

MONTHLY MEETINGS

What a first birthday party! Twenty-nine groups displayed their activities, we were entertained by the Country Dancing Group showing their unbounded energy and skill with two dances, the Singing Group with an excellent choice of music which we all hummed for the rest of the day and the Play Reading Group giving us a taste of drama.



Our two Mayors were present for the whole afternoon, Councillor Val Newbury from Higham Ferrers and Councillor Carol Childs from Rushden, both of whom toured all the stands making wistful comments about joining the U3A when their tour of public duty is complete and they have more time. Both they and Margaret Elgood, Chair of Wellingborough U3A, who helped our U3A get off the ground, joined in the first anniversary cake cutting. Liz Wilson, the U3A East Midlands Regional Trustee also joined us for the afternoon. During the afternoon, 183 people took part in the activities of which 157 were members. Seven more people joined the Branch making a total membership of 305 which must be a record for any organisation in its first year.

The quiz organised for the afternoon was won by Mr Robert McIntosh. Congratulations to him. If anyone would like a copy of the answers please get in touch with Brian Shelton see address under Day Trips.

Thank you to Jack and Margaret Lee who worked exceptionally hard in the planning of this very successful event and to all the Group Leaders who put on an excellent display of their group's activities.

June "Away Day" As the Pemberton Centre was unavailable for the June meeting an 'Away Day' was planned at Raunds. The Saxon Hall provided a splendid venue, accommodating the 65 people who came to enjoy the planned activities. Sadly, the country dancing which was to have taken place had to be cancelled due to bereavement and our sympathies were extended to George Hearnden, group leader for country dancing. Mr Bryan Britten of Raunds Historical Society gamely offered to do a last minute presentation on Raunds which was enjoyed by the few members who stayed behind in the hall, whilst the majority split into four groups and went on a walking tour of the town. Guides were Chris Holden, Jenny Beasant, Rachel Henderson, Sue Wager, Natalie Pusey and Ann Webster who kindly volunteered to show off the history and interesting places and stories about Raunds. Did you know that Raunds is mentioned in the Guinness Book of Records as having the shortest Zebra Crossing in the country!! When the walkers returned, everyone reported that they had enjoyed their morning enormously. One member summed it up by saying she enjoyed finding the nooks and crannies and the history of Raunds and felt it was the best way of appreciating a small town. The church was open and members were thrilled with the information and interest provided by Rita Chantrell. Certainly the warm and sunny weather contributed to the walkers' enjoyment and the exercise ensured a good appetite for the splendid shared buffet lunch provided by everyone who attended.



After lunch there was much excitement and jollity as the Beetle Drive got under way. Frantic throwing of dice, howls of laughter, groans of disappointment as everyone, including the organisers crouched over their beetle drawings, the first to finish shouting Beetle. Highest and lowest scorers moved to tables on either right or left; sometimes confusion reigned but this was an excellent opportunity for members to get to know each other and everyone agreed it was great fun. The afternoon was rounded off with

tea, cakes and a raffle at around 3 o'clock before everyone left to continue to enjoy the rest of a lovely sunny day. Grateful thanks are extended to those who acted as guides and to all the ladies who helped in the kitchen, ensuring a very successful and enjoyable day.

Our **April** speaker was Jayne Barnes on "*From Cows to Cheese or Tales from a farmer's wife*" Jane was a farmer's daughter, so she was not under any illusions about how hard it is to manage a dairy farm when she married her husband. They, their children and husband's parents manage a 140 herd of dairy cows (100 Holstein and 40 Ayrshire) on the Leicestershire/Rutland border which require milking twice a day at 6 am and 3 pm 365 days of the week. All the milk produced – about 2,500 litres per day now that the cattle are out to grass - goes to make Stilton Cheese. Stilton Cheese milk attracts a premium but must meet certain standards of protein and butterfat and can only come from the counties of Leicestershire, Nottinghamshire and Derbyshire. Stilton Cheese has been made in this area for over 250 years by farmers' wives when they had an excess of milk as a means of feeding the family during the winter. Excess cheese was sold at Stilton Market which was on the coaching runs between Edinburgh and London, and hence the cheese became well-known and sought after by those travelling around the country. The farm covers 220 acres of pastures some fields of which are still in "ridge and furrow" formation and have not been ploughed for over 200 years. There is no other livestock to detract from the specialist task of looking after the dairy herd though the arrival of calves provides a pleasant and rewarding break in routine. Except a recent bull calf who would not suckle for 3 days but is now eating healthily. Brian Shelton is arranging a visit to see Jane's farm on 14 September – see Day Trips below.

We have one more meeting left before our summer break and this promises to be a very interesting and special speaker.

Wednesday 21 July: Mrs J Prachett - "*Memories of a survivor of the sinking of the Laconia*" The second RMS Laconia was a Cunard ocean liner built as a successor to the Laconia of 1911-1917. Like her predecessor which was sunk during the First World War, this Laconia would be destroyed by a German U-boat on 12 September 1942. However before the Laconia went down, a U-156 surfaced and attempted to rescue survivors of its own attack! Situated 600 miles from the coast of Africa, learn about the incredible twist to the rescue, after many saved. This is a survivor's tale of events, friendship, heroism and the triumph of the human spirit in the most incredible situation.

No meeting in August.

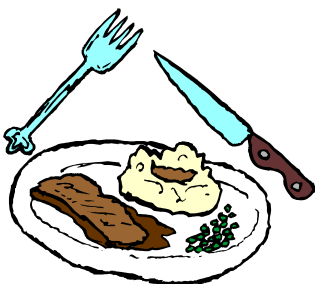
Wednesday 15 September – AGM. No speaker but a pictorial review of the year's events will be played.

Wednesday 20 October: Mr David Hudson - "*Trials of a JP*" A local Justice of the Peace, David will let us into some of his experiences not only in court, but through the education programme they run. If time permits we may also get to consider a case and formulate our own decision. An interesting insight into the complexities of implementing the Law of the Land.

Wednesday 17 November: Duo - "*Amusing by Definition*"

Wednesday 15 December: Michael Peachey - "*Life as an Artist*" Humorous Oil Painting Demonstration.

NEW SOCIAL ACTIVITY - Come Dine with Me



The idea is for small groups of 3-6 members, each taking a turn preparing a meal for the others. A set budget is agreed, no more than £5.00 per person and a three course meal is provided. It is a chance to share a meal and make new friends. Many of us enjoy cooking but do not get many opportunities to cook for

others. It is NOT competitive and there is NO prying into members' homes as portrayed in the television programme. Just a pleasant lunchtime or evening spent with like minded people. Contact Doreen Riley on 01933 313173.

NEWS FROM OUR GROUPS

Birdwatching: The group visited [Paxton Pits Nature Reserve](#) in May and were rewarded by not only hearing Nightingales but also seeing two!

Classical Music Appreciation: At our May meeting, Peta Jellis gave a very interesting presentation on Music & Shakespeare starting with contemporary music by Thomas Morley. Shakespeare used the music, but with different lyrics in "Twelfth Night". Many composers have taken Shakespeare's works for inspiration. "Romeo and Juliet" has always been a popular choice and we heard examples by Tchaikovsky and Prokofiev. This was followed by Britten's "Rape of Lucretia" and Mendelssohn "A Midsummer Night's Dream" and two pieces based on "Macbeth", one with Cleo Laine singing Dunsinane Blues and another by Verdi. "Othello" is also a popular choice and we heard very different examples by Verdi and Rossini. We also listened to more modern music from William Walton famous for his music for several Shakespeare plays directed by and starring Sir Laurence Olivier. Cole Porter also got in on the act with "Kiss me Kate", based on the "Taming of the Shrew" which is still being performed today. The afternoon finished with the DeLesseps' Dance music from "Shakespeare in Love". Our June meeting will focus on Chopin whose 200th anniversary it is this year. In July we will be celebrating summer with a "members' choice" afternoon. We are a small friendly group and have space for one or two more members. Contact Margaret Lee.

Day Trips: On 10 June, 38 members enjoyed a coach trip to [Bridgemere Garden Centre](#), this was a joint venture between the gardening group and the day trips. The weather did not spoil the enjoyment of the time spent looking round the extensive show gardens, and also the very large area where almost every species of plant could be purchased. Also a variety of retail outlets were on site, where no doubt a great deal of time was spent. Most of us returned with mementos of the day, either in pots, or wrapped in carrier bags. One Lady used the day to meet up with friends she knew when she used to live in the area. All in all a very successful day.

The next trip is to "[Tolethorpe Theatre](#)" to see "Dad's Army" is on 17 July with a picnic before the matinee.

The next outing on the agenda is the farm visit to Jane Barnes's diary in Somerby, near Melton Mowbury in Leicestershire. If you recollect she gave us a talk entitled "From Cows to Cheese" in April. The visit is arranged for Tuesday 14 September, Travel will be by private car to arrive at 1.30 pm (lifts can be arranged). Brian Shelton now has directions to the farm which will be available at the July meeting. The price for the tour is £2 which includes refreshments. It would be appreciated if folk could pay the £2 beforehand. *P.S. Don't forget you Wellies.*

The coach trip to [Lincoln Christmas Market](#) is selling well: this is on Friday 3 December, cost for this is £10.50. Tickets will be on sale at all the meetings until sold out. If you are unable to attend any meeting you can purchase one by sending a S.A.E. and payment (cheques payable to Higham & Rushden U3A) to Mr B R Shelton, 6, Conway Close, Rushden, NN10 9JF. Brian would like to remind those folk who have indicated they would

like to go on the Lincoln Trip but so far have not paid and consequently do not have a ticket, that unless you have a ticket you are not guaranteed a place on the coach!!

French Group: enfin... the French groups have recommenced.

BEGINNERS meet on the first Monday of every month, for one hour, at Group Leader's house at 11 am. The Group has started with the basics - greetings, ordering things to eat and drink, alphabet, numbers - typical beginners' topics. As well as encountering something new at every meeting we shall frequently re-visit areas already covered so don't think you've missed the boat. New beginners are always welcome.

"RUSTY 'O' LEVELLERS" or similar, already possess some knowledge of French and always find that it comes back to them. We revisit the vocabulary and structures learned in the past, using brief poems and snippets from books, articles and songs. We meet on the first Wednesday of every month at 1.30 pm in Higham, for one hour. There is a charge of £1.50 to cover hire of the room.

The ADVANCED group meet on the first Tuesday of every month at 11 am (or thereabouts) for one hour at the Group Leader's house. Group members are able to converse more fluently and have a wide knowledge of the French language. Marie-Therese provides magazine or newspaper articles or passages from French literature etc which offer a springboard for conversation and an opportunity to polish language skills.

Gardening Group: we could all see the green fingers of the members of the gardening group at our birthday party and many members left clutching plant pots with that secret twinkle in the eye than only other gardeners can understand! The group has been very busy at its monthly meetings too visiting other gardens open under the National Gardens Scheme. Roger Drage, a member of the Gardening Group, gave a very interesting talk on "Vegetable Gardening" in April which was full of practical tips and information. He covered situation, drainage and soil problems, the preferred pH levels and nutrient needs for different vegetables, the importance of crop rotation, and how to prolong the growing season. In July the Group will be visiting Brenda Philips' garden, Rushden. In 2008 Brenda's garden was joint first in the Evening Telegraph/Poddington Garden Centre competition. Brenda also opens her garden annually as a fund raiser for the [Royal National Institute for the Blind](#). Advice on dealing with the dreaded Lily Beetle and protecting hostas from slugs is also given in the Group's June newsletter. Sandra's essential gardening jobs for May and June has made your editor feel quite exhausted just reading the list and makes her doubly grateful that she has had her garden paved!

Greek Literature: To celebrate the completion of the course on 26 May members of the group were invited to lunch with a Greek theme. This group has been undertaking a 10 session course covering Classical Greek Literature from Homer to Aristophanes. *An introduction to Classical Greek Literature* uses modern technology to show that the Classics need not be a turn-off. School day memories of the Trojan War – caused by the Trojan heartthrob Paris winning Helen as the prize in a beauty contest – will be challenged by audio book translations of the Iliad and the Odyssey read by top actors such as Derek Jacobi. BBC videos of Greek Plays will include *Oedipus the King* - a brilliant detective story in which Oedipus discovers the truth of his birth and the terrible crimes he has committed, and *Antigone* – a heroine prepared to pay the ultimate price in her conflict with the authorities. The Group will also be able to enjoy the ribald humour of Aristophanes in a group reading of *The Frogs*. This is a 10 session course taking place monthly on the second Wednesday of each month from 10.00 am until 12 noon, at the Group Leader's home in Higham Ferrers beginning on September 8th. More details from the Group Leader Alan Matthias 01933 350640 or email matthias@freeola.net

History Group The group's April's meeting took place one week later than normal - on April 29. Carole Rider loaned a short DVD feature on the modernisation of St Pancras Station, tracing its history and development from the early Midland Railway days.



This was followed by an illustrated presentation titled "On the Wall" - the story of the role of prints, reproductions and posters which have served as wall decorations and reflections of mass-market taste. There were some wry smiles in the audience as people recognised things that they or their parents had had! Own up, how many of you can remember this poster: Tretchikoff's Chinese Girl aka The Green Lady

In May, the group visited Stony Stratford and Grafton Regis, looking at the roles these places played in key events in the history of Britain. Stony Stratford grew up as a village, then a town, straddling the A5 and serving as an important stopover on the journey up and down what was then known as Watling Street, and at one time boasting over 50 inns. The group visited a number of notable points around the town: the former Rose & Crown, where in 1483 Richard of Gloucester seized the young prince Edward V before confining him to the Tower and taking the throne for himself; the site of one of the Eleanor Crosses; some of the still-existing inns, including the Cock and the Bull; Horsefair Green, where horses were traded, and which later had a sawpit; the adjacent Baptist Chapel where before the Act of Toleration, Sunday worshippers were arrested as they emerged after the service; the solitary tower of the former St Mary's Church, gutted in the town's great fire of 1742; Odell's shop – a business since 1740; and the huge building of the former St Paul's School, later a Franciscan school, a cigar factory, a home and school for orphaned boys, and now subdivided into offices and an Indian restaurant.

The group moved on to Grafton Regis, site of the secret marriage of Edward IV and Elizabeth Woodville, and also the location of Henry VIII's favourite palace outside the London area. The palace or "Great House" was destroyed by Parliamentary forces in the Civil War. No illustrations of the palace have ever been discovered, and no trace at all now remains, apart from fragments of brick, roof tile and window leading, though old documents give some idea of the extent of the building (eg three courtyards!).

The group was welcomed by Sue and Peter Blake, who had taken the trouble to dress up in Tudor period costume, and who led the group round the local church and presented the history of the Great House. The group returned to Sue and Peter's for a wonderful tea, and several members of the group were given the opportunity to try on some of the period costumes Sue has made. The photo shows history group members on a Tudor timewarp and group members agreed that the day had been one of the most successful and enjoyable the group has had.



In June the group will be visiting [Foxton Locks](#) and the [Harringworth Viaduct](#), looking at how the coming of new forms of transport changes the landscape. The group is still open to new members, so if this sounds like the sort of thing you'd like to share in, get in touch quickly! Come and feel the blast of the Past!

Play Reading: We were all impressed at the presentation by this group at our anniversary party, so here is a quick update on the activities of the Group which has been modestly hiding its talents! Group Leader Karen Smith reports that the initial meeting was July 2009

(among the first groups to be “up and running”) where we read “The Hollow” by Agatha Christie. I can’t remember which U3A member “dunnit”! Our subsequent programme has included “Rebecca” by Daphne du Maurier, “Hobson’s Choice” by Harold Brighouse and “Not Now Darling” by Ray Cooney. We try and alternate light, comedic plays with more serious works by eg Ivan Turgener and J B Priestley. We have also read a horror spoof “The Creature Creeps” and in keeping with the season, we read a classic traditional pantomime “Dick Whittington”. No prizes for guessing who played and excellent and hilarious Dame (seasoned RATS stalwart Tony Woodward).

The Group meets on the first Tuesday of the month in Higham Ferrers at 1.15 pm (prompt, please!). The cost per person is £2.50 at present, which includes refreshments. This may rise as library charges change and venue charges change. The Group has an average attendance of around 10 members and would welcome new members and guests, although as the plays have a finite number of parts it will mean you only listen at some meetings.

Walking Group 2: In this newsletter we have short and longer walks. Two “short” walks have been held so far led by Ann Cook around Harlestone Heath and at Woodford, both of which enjoyed good weather and fine views. Our thanks go to Alan Collison who will be leading the longer walks.

The following walks will be led by Ann Cook – no need to book, just turn up.

| Date | Start of Walk | Miles | Duration | Other information |
|--------------------------------------|--|--------------|-----------------|---|
| Thursday 29 July 10.30 am | Twywell Hills & Dales and Slipton Meet in Twywell Car Park just off J11 of the A14. | 4 miles | 2.5 hours | Varied walking over chalk levels and woodland. |
| Thursday 26 August 10.30 am | Oundle to Cotterstock Meet by Tourist Information opposite Beans Coffee Shop | 4.5 miles | 3 hours | Waterside walk along the Nene to attractive village and 12 th Century church |
| Thursday 30 September 10.30 am | Kings Cliffe to Apethorpe Meet at All Saints & St James Church opposite Cross Keys Inn | 4 miles | 2.5 hours | Two lovely hidden villages of Northamptonshire |

And for those of you who want to walk a bit further!

| Date | Start of walk | Miles | Duration | Other information |
|---|---|--------------|------------|--|
| Tuesday 10 August 10 am start | Meadow Lane Thrapston NN14 4LU At the finish, tea shop and pubs available in the town | 7.5 miles | 4 hours | Views over the Nene Valley. Walking from Thrapston via Islip to Aldwinkle and returning to Thrapston through the lakes. |
| Wednesday 8 September 10 am start | Toys R Us car park Towcester Road, Northampton, NN1 1EE Café at B&Q at finish | 9 miles | 5 hours | This is a figure of eight walk out to Rush Mills, then back towards town, out to the “lighthouse” and return to town and cars |
| Tuesday 12 October 10 am start | Sainsbury car park Northampton Road, Wellingborough NN8 3GZ Store has café at finish | 7.5 miles | 4 hours | The walk will use some of the cycle ways that allow off road travel around the town and incorporate some of the parks. |
| <p>No need to book, just make your own way to the start. If you need a lift, contact Alan Collison (01933 355986) or simnac@yahoo.co.uk Bring a drink and a snack to enjoy mid walk when we have a rest stop. These walks are on designated footpaths and involve some field walking.</p> | | | | |

Wine and Dine: This Group had a very successful evening at [Dunkleys Restaurant](#) where the food was excellent and the railway ambience most interesting. Their July to October programme has just been published and is not to be recommended if you cannot resist temptation! In July, lunch at [Overstone Restaurant](#), August is an evening meal at the [Bedford Arms, Souldrop](#), September is The Olde Victoria in Burton Latimer for lunch and in October, back to the [Pizzeria Venezia](#) where the group had its first meeting. The group is considering meeting for Sunday lunches and would welcome feedback from all members on this proposal. More information from the Group Leader Monica Corbett. 01933 391531

NEWS FROM THE GLOs!

Jack & Margaret Lee – 01933 357909 – email: jandmlee@btopenworld.com

Groups Exhibition May 19th – A very big **thank you** and **well done** to all Group Leaders and Group Members for a really wonderful exhibition. Such a lot has been achieved in one year, it is truly inspiring.

Group Membership - Most groups have room for more members. The following groups would *especially* welcome more members.

Chess - Computing - Country Dancing – includes *Traditional English, American, Scottish & International* - You don't need a partner and beginners are very welcome. - *Digital Photography - Discussion/Debating - Genealogy - Scrabble* – a friendly established group who would like a few more players – *Science & Technology*.

The following groups have a table this month to promote their group:

Computing, Digital Photography, Science & Technology

Signing on tables for *Day Trips and Wine & Dine*.

Group updates - The following groups are no longer available:

Desk Top Publishing, Holidays and Relaxation & Stress Management.

Flower Arranging is in abeyance at the moment as the tutor is not now available.

However, there are several members who are keen to learn this skill. Is there any member with this skill who would be willing to teach this small group? If so, please contact Dom Jones.

Greek Literature will be starting a new session in September. So if you missed Odysseus & Penelope the first time around you have another chance to meet them.

Genealogy is now meeting monthly. Rodney Fox is also looking to organize a beginners course of 4-5 weeks in the autumn. There is a Genealogy BLOG which can be accessed with your computer's web browser (Internet Explorer, Firefox or equivalent):

<http://rodneysgenealogyblog.blogspot.com/>

REMEMBER! There is **Meeting Point** at the monthly meeting for members to talk to Group Leaders and the GLOs. This is by the stage whilst teas are served. There is a noticeboard there for group information.

The up to date **Groups List** is below. There is also a chart which shows **Group Meeting Times** and this is on the Groups Notice Board.

Any member wishing to start a group, please get in touch with us and we will help you all we can.

Jack & Margaret Lee

| GROUP | LEADER | PHONE | EMAIL | VENUE | TIME OF MEETING |
|------------------------------|-----------------|--------------|--|----------------------------------|--|
| Badminton | Hilary Bettles | 01933-651454 | | Pemberton Centre | Tuesdays 11 am-noon |
| Birdwatching | Peta Jellis | 01933-356914 | pej26@ukonline.co.uk ; | Various | 1st Tuesday am |
| Bridge for Beginners | Tricia Drummond | 01933-460255 | tricia875@btinternet.com ; | Carriage House-HF | 2 nd & 4 th Tuesdays 1.30 pm |
| Chess Beginners | Dennis Riley | 01933-316380 | riley.thelinnets@tiscali.co.uk ; | Leader's Home | Various |
| Classical Music Appreciation | Margaret Lee | 01933-357909 | jandmlee@btopenworld.com ; | Leader's Home | Last Wednesday 2-4 pm |
| Computing | Peter MacGregor | 01933-653449 | peter@ranworth.co.uk ; | St Peters RC Church Hall Rushden | 2 nd & 4 th Wednesday 2-4 pm |
| Country Dancing | George Hearnden | 01933-622827 | ghearnden@tiscali.co.uk ; | HF WMC | Fortnightly Mondays 2 – 3.30 pm [Alternating with Painting for Pleasure] |
| Day trips | Brian Shelton | 01933-314241 | brian.shelton2@tiscali.co.uk ; | Various | Various |
| Digital Photography | John Broadbent | | 1942johnb@ukonline.co.uk ; | St Peter's RC Church Hall | Fortnightly – Wednesday am |
| Discussion & Debating | Janet Embling | 01933-387126 | davidhome8@aol.com ; | Members' homes | 1 st Wednesday 2 pm |
| Flower Arranging | Dom Jones | 01933 357252 | davedom@btinternet.com | In abeyance | In abeyance |

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|--|--|--|--|--|---|
| French:- Advanced Rusty O-Level Beginners | Marie-Therese Easter | 01933- 410032 | tony.easter@talk21.com ; | Will recommence in May | 1 st Tues am 1 st Wed pm 1 st Mon am |
| Gardening | Carole Rider Pam Curtis Sandra Cox | 01933- 350406 01933- 350280 01933- 624948 | carolerider12@aol.com ; curtispj@globalnet.co.uk ; sjc43@btinternet.com ; | Various | 2 nd Thursday |
| Genealogy | Rodney Fox | 01933- 469003 | rodney@usfoxes.com ; | St Peters RC Church Hall Rushden | 3 rd Tuesdays 2-4 pm |
| Golf | Diane George | 07970 532213 | dianegeorge0674@aol.com ; | Various | Alternative Mondays |
| Greek Literature | Alan Matthias | 01933- 350640 | matthias@freeola.net ; | Leader's Home | 3 rd Wednesday 10 am |
| Handicrafts | Carol Pullen | 01933- 395394 | carolmpullen@yahoo.co.uk ; | Leader's Home | 4 th Thursday |
| History | Roger Drage | 01536- 723138 | rd@mrd31.co.uk ; | Chelveston Village Hall | 3 rd Thursday 2 pm |
| Painting for pleasure | Doreen Riley | 01933- 313173 | doreenriley@tiscali.co.uk ; | HF WMC | Fortnightly Mondays pm [Alternating with Country Dancing Group] |
| Philosophy | Deryck Rogers | 01933- 410080 | deryck.rogers@btinternet.com ; | Carriage House - HF | 3 rd Monday pm |
| Play Reading | Karen Smith | 01933- 317393 | | Green Dragon - HF | 1 st Tuesday 1.15 pm |
| Reading:- Group – 1 | Dom Jones | 01933- 357252 | davedom@btinternet.com ; | HF Library | 2 nd Wednesday am |
| Group – 2 | Chris Murdin | 01933- 359163 | christine.murdin@sky.com ; | Members' Homes | first Monday 10 am |
| Group – 3 | Wendy Clarke | 01933- 652532 | wnclr@aol.com ; | Refer to leader | Refer to leader |
| Science & Technology | Jack Lee | 01933- 357909 | jandmlee@btopenworld.com ; | Leader's home | Monday morning various |
| Scrabble | Mary Baty | 01933- 311447 | g_baty@sky.com ; | Carriage House Higham Ferrers | Alternative Tuesdays 1.30-3.30 pm |
| Singing for Fun | Linda Walker | 01933 387892 | spidar.girl@btinternet.com | Refer to Leader | Fortnightly Thursdays 2-4 pm |
| Spanish | Pat Bird | 01933- 355313 | sbird1975@live.co.uk ; Please note new email!!!! | Leader's home | Mondays Fortnightly 10.00 am |
| Theatre Visits | Cynthia Matthias | 01933- 350640 | matthias@freeola.net ; | Various | Various |
| Walking1 | Harry Wells | 01399- 314808 | harry@harrywells.wanadoo.co.uk ; | In abeyance NO DOGS PLEASE!! | In abeyance |
| Walking2 | Ann Cook Peta Jellis | 01832 732544 01933 356914 | Ajacklincook@aol.com ; pej26@ukonline.co.uk ; | Various | Last Thursday 10.30 am |
| Wine & Dine | Monica Corbett | 01933- 391531 | | Various | Various |

*Thank you to everyone who contributed to this the Newsletter. Please note that views expressed in this Newsletter are not necessarily the views of Higham & Rushden U3A. Reports on group activities, other items of interest to Members would be most welcome for the next edition, to be with me by **24 September!!** Please email your contributions to:- Pej26@ukonline.co.uk or ring 01933 356914 Peta Jellis, Editor*

If you have collected a “hard” copy of this Newsletter and have an email, please let me have your email address to save YOUR U3A money and the world’s trees!

PETA