



Higham & Rushden

The Third Age

“ a time of creativity and fulfilment for older people ”

What is the Third Age?

The Third Age refers to the period of time after the First Age of childhood dependence and the Second Age of full-time employment and parental responsibility. One in four of the UK population is in the Third Age!

Why are we called U3A?

U3A stands for The University of the Third Age. U3A is a learning cooperative of older people which enables members to share many educational, creative and leisure activities.

Who can join U3A?

A U3A is a university in the original sense of the word: a collective of people devoted to learning, with members not students, all of whom are in their Third Age.

How are U3A's organised?

Anyone in the Third Age can join U3A and this includes people who are working part-time. No qualifications are required and none are given. There is no lower age limit for membership.

The Third Age Trust

The U3As are democratic, self-funded, self managed organisations which exist to provide education and leisure activities for men and women, no longer in full-time employment, at minimal cost. They draw upon the knowledge, experience and skills of their members to organise interest groups in accordance with the wishes of the membership. Between them the U3As offer over 300 subjects in such diverse fields as: art, foreign languages, music, history, life sciences, literature, poetry, gardening, philosophy, crafts, field studies, archaeology, astronomy and computing.

Join U3A!

The Trust is the national representative body for the U3A movement in the UK (Reg. Charity No 288007) providing a wide range of support services to the U3As. There are currently more than 716 U3As in the UK with over 209051 individual members. By joining a local U3A you will become a member of a growing, dynamic, outward-looking organisation which has a positive and creative approach to life after full-time work.

Your local U3A

Your local U3A is the Higham & Rushden branch. Anyone can become a member including members of other branches such as Wellingborough, Northampton, Kettering and Bedford. Our annual membership fee is £12. For membership application or other queries, either:
Telephone Doreen Riley [Membership Secretary] on 01933-313173 OR E-mail doreenriley@tiscali.co.uk